

Sorted
Counselling Services

IT'S GOOD TO TALK!

Bullying
Loss & Bereavement
Sexual Identity
Depression
Sexual Abuse
Suicidal Feelings
Low Self-esteem
Domestic Abuse
Anxiety



Sorted offers a FREE and CONFIDENTIAL counselling service for young people aged between 10 and 25 years. If you want to talk to someone our counsellors will listen, offer support and help you work out your feelings, so that YOU can decide what to do. Counselling sessions are offered between 10 .00 a.m. & 6.30 p.m. Monday - Friday, dependent on spaces available..

TO MAKE AN APPOINTMENT OR TO FIND OUT MORE CALL 01582 363040 MONDAY - THURSDAY 10:00 A.M. - 2.30 P.M. (IF WE ARE NOT AVAILABLE, PLEASE LEAVE A MESSAGE AND WE WILL CALL YOU BACK).