

# Cost of Living Support

The cost of Living crisis is affecting many local households, but there is advice and support out there. Here are some local organisations and initiatives which may be able to offer further help.



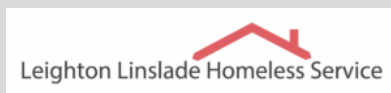
[www.centralbedfordshire.gov.uk](http://www.centralbedfordshire.gov.uk)



[www.leightonlinslade-tc.gov.uk](http://www.leightonlinslade-tc.gov.uk)



[www.leightonlinsladecab.org.uk/](http://www.leightonlinsladecab.org.uk/)



[www.llhsblackhorse.org.uk](http://www.llhsblackhorse.org.uk)



[www.leightonlinsladehelpers.org.uk](http://www.leightonlinsladehelpers.org.uk)

## Warm Spaces in Leighton-Linslade

**Check in & Chat Café:** Meadow Way Community Centre every Monday, Wednesday & Friday 12pm-4pm. Keep warm and have a chat over a coffee and hot meal.

**Chatty Café:** Every Tuesday at the TACTIC Centre, Hockliffe Street from 10am-1pm. Refreshments and a cup of tea whilst chatting and making friends.

**Freddie & Friends Community Café:** offering free food when you quote “Sunshine”. Tuesday, Wednesday & Thursday 10:00am-1:30pm and Friday 10am-12pm.

**Leighton Buzzard Quakers:** Friends Meeting House, 25 North Street, Leighton Buzzard, LU7 1EQ. Tuesday afternoons 1pm-3pm from 6 December 2022 – end of February 2023.

**Church of the Good Shepherd:** Offering a “Warm Welcome” drop-in on Wednesday mornings from 10am -12pm at Astral Park Pavilion, Johnson Drive. They are offering a warm community space with free refreshments, board games and a space to relax.

**Hockliffe Street Baptist Church:** Offering a “Warm Welcome” space every Thursday from 12pm – 2pm with free hot drinks and soup.

**A warm space at Trinity:** Thursday afternoons from 2pm-4:30pm. A warm welcome, comfortable seat & a hot drink and biscuit. A chance to chat or sit quietly if you prefer.

**Central Bedfordshire Council are providing free, warm & safe spaces. In Leighton Buzzard these are located at:**

**Leighton Buzzard Library,** Lake Street, Leighton Buzzard, LU7 1RX. 0300 300 8059. Open Tuesday-Friday 9am-6pm and Saturday 9am-4pm.

**Tiddenfoot Leisure Centre,** Mentmore Road, Leighton Buzzard, LU7 2AF. 01525 375765. Open Monday-Friday 6am-10pm. Saturday 7:15am-8pm & Sunday 8am-9pm.



Information produced by Leighton-Linslade Town Council in December 2022. Correct at time of creation. Please contact individual organisations and/or venues to check for any changes.