



Tibbs Dementia Foundation

Leighton-Linslade Activity Groups

Cognitive Stimulation Therapy Group

Weekly - Monday 11am-12pm

St George's Court supported living scheme. St George's Close, Leighton Buzzard. LU7 1BF

For information or to book into these sessions email sarah@tibbsdementia.co.uk or phone 07483 951737

Walking Group

Fortnightly – Tuesday 2pm

We walk at difference locations in and around Leighton-Linslade.

For information or to book onto a walk email louise.evans@tibbsdementia.co.uk or phone 07483 951733



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